



Elderplan Extra Help (HMO-POS) H3347-009
Elderplan Flex (HMO-POS) H3347-016
Elderplan Select (HMO-POS I-SNP/IE-SNP) H3347-018

Attention Prescribers: Effective January 1, 2025, Elderplan members can now get a 100-day supply of select medications for the same copay as a 90-day supply. Members can pick up their 100-day supply at the pharmacy or have it delivered to their home.

EXTENDED 100-day supply of select medications now available for Elderplan members.

A 100-Day Supply of Medication:

- **Helps members take their medication on time** - great for helping patients manage their chronic conditions such as diabetes, hypertension and hyperlipidemia.
- **Saves money** — same copay for a 100-day supply as a 90-day supply.
- **Requires fewer trips to the pharmacy** - helpful in bad weather or for those with mobility or transportation issues.
- **Reduces number of refills required to achieve adherence goals** – members only need to fill their medication 3 times a year to be considered adherent instead of 4 or more times using a 90-day supply or less. This new process will support Elderplan's commitment to improving quality measures, including star ratings on medication adherence, while helping you achieve your incentive goals.

How can you help?

- Send a prescription for a 100-day supply with 3 refills for eligible medications to the same pharmacy your patient is getting their medications or to any network pharmacy.
- If your patient wants their medications delivered to their home, encourage your patient to sign up for CVS Caremark® Mail Service

Pharmacy at www.caremark.com or Call 1-866-490-2102 (TTY:711) to speak with a Customer Care Representative, 24 hours a day, 7 days a week.

If you have any questions about the 100-day supply program for your patients, please contact Elderplan Pharmacy team at 718-630-2569, TTY 711, Monday through Friday, 10 am to 4 pm.

List of medications eligible for 100-day supply

You can also visit our website for a comprehensive list :
<https://www.elderplan.org/member-benefits/elderplan-benefits/prescription-drugs/>

HYPERTENSION

- Aliskiren
- Amlodipine/Benazepril
- Amlodipine/Olmesartan
- Amlodipine/Valsartan
- Benazepril and Benazepril/HCTZ
- Candesartan and Candesartan/HCTZ
- Captopril and Captopril/HCTZ
- Enalapril and Enalapril/HCTZ
- Fosinopril and Fosinopril/HCTZ
- Irbesartan and Irbesartan/HCTZ
- Lisinopril and Lisinopril/HCTZ
- Losartan and Losartan/HCTZ
- Moexipril
- Olmesartan and Olmesartan/HCTZ
- Olmesartan/Amlodipine/HCTZ
- Perindopril
- Quinapril
- Ramipril
- Telmisartan and Telmisartan/HCTZ
- Telmisartan/Amlodipine
- Trandolapril

- Valsartan and Valsartan/HCTZ

CHOLESTEROL

- Atorvastatin
- Ezetimibe/Simvastatin
- Lovastatin
- Pravastatin
- Rosuvastatin
- Simvastatin

DIABETES

- Glimepiride
- Glipizide ER, Glipizide XL
- Glipizide/Metformin
- Metformin
- Nateglinide
- Pioglitazone
- Pioglitazone/Metformin
- Repaglinide