

 **OTC Network**  elderplanhomefirst.

MedGroHealthHM8 Catalog



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BABY CARE

Baby Grooming

Cotton Swabs

Baby Health, Beauty & Wellness

Baby Medicines

Baby Oil, Lotions & Creams

Baby Therapeutic Skin Care (Not Diaper Rash)

Electrolytes

Petroleum Jelly & Barrier Creams

BATTERIES

Hearing Aid Batteries

COLD & ALLERGY

Allergy

Allergy Liquids

Allergy Nasal Sprays, Drops & Inhalers

Allergy Tabs & Caps

Hypo-Allergenic Bedding

Children's Cold & Allergy

Children's Allergy

Children's Cough, Cold, Flu & Sinus

Children's Nasal

Children's Throat & Cough Relief

Cough Drops, Sore Throat Relief

Sore Throat Pain Relief

Throat & Cough Drops

Cough, Cold, Flu & Sinus

Cold & Flu Preventatives/Symptom Reducers

Cough, Cold, Flu & Sinus Liquids

Cough, Cold, Flu & Sinus Tabs & Caps

Lip Care

Medicated Lip Treatments

Nasal

Decongestant Nasal Sprays, Drops & Inhalers

Nasal Moisturizers & Washes

Nasal Strips, Dilators & Snore Relief

Respiratory Treatments

Asthma Preparations

Vapor Products (Incl. Waterless Vaporizers)

Vaporizers, Humidifiers & Accessories

COMPRESSION SUPPORT

Low Compression (8-15mmHg)

Low Compression - Men's & Unisex Knee High (8-15 mmHg)

Low Compression - Men's & Unisex Thigh High (8-15 mmHg)

Low Compression - Waist High & Pantyhose (8-15 mmHg)

Low Compression - Women's Knee High (8-15 mmHg)

Low Compression - Women's Thigh High (8-15 mmHg)

Mod-High Compression (Over 8-15mmHg)

Moderate to High Compression - Men's & Unisex Knee High

Moderate to High Compression - Men's & Unisex Thigh High

Moderate to High Compression - Sleeves, Garments & Lymphedema Treatments

Moderate to High Compression - Waist High & Pantyhose

Moderate to High Compression-Women's Knee High

Moderate to High Compression - Women's Thigh High

DIABETES MANAGEMENT

Diabetes Health & Wellness

Diabetes Cough, Cold & Allergy

Diabetes Hosiery

Diabetes Neuropathy & Skin Care

Diabetes Supplements

Diabetes Management Accessories

Alcohol Swabs & Wipes

Sharps Containers & Supplies

Diabetes Nutritionals

Diabetes Candy

Diabetes Nutritional Bars

Diabetes Nutritional Liquids

Glucose Tablets, Gels, Etc.

Urine Testing

Urine Test Strips

Urine Test Tabs

DIGESTIVE HEALTH

Anti-Diarrheals

Anti-Diarrheal Liquids

Anti-Diarrheal Tabs & Caps

Diarrhea-Related Oral Rehydration Therapy

Anti-Gas

Anti-Gas

Children's Digestive Health

Children's Anti-Diarrheals

Children's Anti-Gas

Children's Prebiotics & Probiotics

Children's Stomach Remedies

Children's Stool Softeners, Fiber laxatives, Enemas, Laxative Suppositories

Digestive Aids

Digestive Enzymes

Digestive Health Prebiotics & Probiotics

Lactose Intolerance

Hemorrhoid Preparations

Hemorrhoid Treatments

Hemorrhoid Wipes & Washes

Laxatives

Enemas, Laxative Suppositories, Kits, Etc.

Fiber Products

Laxative Liquids & Combination Stool Softener Products

Non-Liquid Laxatives (Non-Fiber) & Combination Stool Softener Products

Stool Softeners

Stomach & Nausea Remedies

Acid Controllers

Antacid Liquids

Antacid Tabs & Caps

Multi-Symptom Products

Nausea & Motion Sickness

EYE & EAR CARE

Contact Lens Care

Gas Permeable & Hard Lens Care

Soft Lens Cleaners

Soft Lens Multi-Purpose Solutions

Soft Lens Rewetting Drops

Soft Lens Saline Solutions

Ear Care

Ear Drops & Syringes

Hearing Aids, Personal Amplification Devices & Accessories

Lipoflavonoids

Eye Preparations

Dry Eye Relief

Eye Relief Products

Eye Wash

Reading Glasses & Magnifying Glasses

Magnifying Glasses

Reading Glasses

Sunglasses & Blue Light Blockers

Blue Light Blocking Eyewear & Device Filters

FAMILY PLANNING

Condoms & Barrier Contraceptives

Male Condoms

FEMININE CARE

Feminine Antifungals

Feminine Personal Care

Deodorants & Powders

Douches

Feminine Anti-Itch

Feminine Moisturizers

Wipes & External Washes

Feminine Protection

Feminine Pads

Menstrual Cups

Pantliners

Reusable Feminine Protection

Tampons

FIRST AID

All Other Wound Washes & Cleansers

Wound Washes & Cleansers

Antiparasitic Treatments

Lice Treatments & Accessories

Pinworm & Ringworm Treatments

Children's First Aid

Children's First Aid Dressings

Children's First Aid Treatments

First Aid Kits & Supplies

Cotton Balls

Finger Cots & Splints

First Aid Kits

First Aid Tapes & Adhesive Wraps

Masks (Respiratory, Barrier, Etc.)

Protective Gloves

Itch Treatments

Botanical Exposure Treatments

Chronic Itch Treatments

General Itch Treatments

Jock Itch Treatments

Wound & Surgical Dressings

Adhesive & Liquid Bandages

Alginate & Collagen Dressings

Foam Dressings

Gauze, Non-Stick & Absorbent Dressings

Hydrocolloid & Hydrogel Dressings

Transparent Dressings

Wound Treatments & Skin Relief

Epsom Salt Soak

Scar Treatments

Skin Protectants (Incl. Petroleum Jelly)

Topical Antibiotics & Antimicrobials

Wound, Burn & Skin Treatments (Incl. Epsom Salt)

Wound Washes & Cleansers

Hydrogen Peroxide

Povidone Iodine

Rubbing Alcohol

Saline Solutions & Sprays

FOOD & BEVERAGES

Beverages

Bottled Waters

Cocoa & Hot Chocolate

Coffee & Tea (Dry & Liquid)

Dry & Liquid/Concentrated Drink Mixes

Enhanced Waters

Ice

Juice Beverages, Drinks & Punches (Incl. Sparkling)

Juices (Incl. Sparkling)

Sparkling Water

Sport Drinks - Gatorade & Others

Frozen Food

Fruits & Vegetables

Juices

Meats

Plant-Based Meat

Prepared Food (Stews, Pizza, Heat & Eat)

Seafood

Non-Perishable Food

Breakfast Foods (Toaster Pastries, Cereal Bars, Granola & Granola Bars)

Canned Meat

Canned Seafood

Canned/Jar Fruits and Vegetables (Incl. Salsa & Non-Processed Beans)

Cereal (Hot & Cold)

Dried Fruit, Fruit Snacks

Dry Beans

Dry Pasta

Herbs, Spices & Seasoning

Oils & Shortening

Pancakes & Waffles

Peanut Butter (& Other Nut Butters)

Prepared Food (Canned Stews, Heat & Eat)

Rice & Whole Grains

Soup

Tomato/Spaghetti/Alfredo/Nutritionally Significant Sauce

Perishable Food

Dairy - (Milk, Cheese, Butter, Sour Cream & Whipping Cream)

Margarine

Meats - Poultry, Ground Beef, Beef

Meats - Processed (Sausage, Jerky, Lunch Meat)

Plant-Based Cheese

Plant-Based Meat

Produce (Fruits & Vegetables)

Seafood

Soy & Other Nut Milks

Whole Eggs & Egg Substitutes

Yogurt

Snacks & Desserts

Nuts & Trail Mix

Seeds

FOOT CARE

Antifungal Treatments

Antifungal Creams & Liquids
Antifungal Powders
Antifungal Sprays
Nail Fungus & Repair Treatments

Foot Cushioning & Treatments

Ball of Foot Cushioning
Corn & Callus Removers
Corn, Callus & Bunion Pads
General Foot Cushioning & Protection
Toe Cushioning & Protection

Foot Grooming & Pain Relief

Foot Moisturizers, Exfoliators & Cleansers
Foot Pain Relief

Shoe Insoles & Inserts

Ball of Foot Inserts
Heel & Arch
Heel Cups, Arch Supports & Orthotics
Plantar Fasciitis Products

Wart Removers

HEALTH SUPPORTS

Abdominal Supports & Rib Belts

Abdominal Supports
Rib Belts

Braces

Ankle & Foot
Elbow & Arm
Hand & Wrist
Joint Warmers & Arthritis
Knee
Thigh, Calf & Shin

Elastic Bandages & Athletic Treatments

Elastic Bandages
Kinesiology Tapes, Supports & Supplies
Protective Guards

Hot/Cold Therapy

Electric Heating Pads
Hot/Cold Therapy

Orthopedic & Surgical Support

Arm Slings & Cervical Collars
Hernia Supports & Suspensories
Sacro & Back Braces
Shoulder & Clavicle Braces

HOME DIAGNOSTICS & PATIENT AIDS FOR DAILY LIVING

Home Diagnostics

Blood Pressure Kits & Accessories
Cholesterol Meters & Testing Kits
Drug & Alcohol Tests
Home Tests for Ancestry & Paternity
Home Tests for Colon Cancer
Home Tests for COVID (Coronavirus)
Pulse Oximeters & Heart Rate Monitors
Stethoscopes & Accessories
Thermometers, Fever Strips & Accessories

Patient Aids For Daily Living

Bathing & Oral Hygiene Aids
Eating & Drinking Aids
Grooming & Dressing Aids
Medical Alert IDs & Devices
Medication Compliance & Safety Aids
Mobility Safety - Stair Rails, Stair Treads, Temporary
Mobility Ramps
Night Lights
Non-Slip Socks & Slippers
Reachers, Grippers & Lifts
Reading, Writing & Telephone Aids

HOME HEALTH CARE

Bathroom Safety

Bathtub & Toilet Rails & Frames
 Bathtub Safety & Accessories
 Elevated Toilet Seats & Accessories
 Grab Bars & Handles
 Hand Held Showers
 Sitz Baths & Bidets

Medical/Surgical Supplies

Hand Cleaners & Sanitizers

Pressure Relief, Positioning & Support

Backrests, Seating & Posture Aids
 Wedges & Pillows

Respiratory Therapy

Peak Flow Meters & Accessories
 Respiratory Sanitizing

Spec Orthopedic Braces/Support/Splints

Specialized Ankle & Foot Braces/Supports/Splints
 Specialized Elbow & Arm Braces/Supports/Splints
 Specialized Knee Hinged Braces/Supports/Splints
 Specialized Knee Immobilizer Braces/
 Supports/Splints
 Specialized Shoulder & Clavicle Braces/
 Supports/Splints
 Specialized Thigh & Calf Braces/Supports/Splints
 Specialized Wrist & Hand Braces/Supports/Splints

Walking Aids

Canes for the Visually Impaired

Wheelchair Accessories

Wheelchair Cushions/Seats

HOUSEHOLD PRODUCTS

Dish & Laundry

After Laundry Products
 Laundry - Dryer Products
 Laundry - Washer Products (Incl. Pre-Treatments)

Insect Repellents

Plastic, Foil & Paper Products

Bath Tissue
 Bath Tissue Wipes
 Paper Towels

INCONTINENCE

Disposable Incontinence

Disposable Briefs & Undergarments
 Disposable Pads, Shields, Guards & Drip Collectors
 Disposable Underpads
 Disposable Underwear

Incontinence Personal Care

Deodorizers
 Over-Active Bladder Medications
 Perineal - Antifungals
 Perineal - Cleansers & Washes
 Perineal - Moisturizers, Barriers & Protectants
 Perineal - Wipes & Towelettes

Reusable Incontinence

Reusable Garments
 Reusable Underpads

NICOTINE REPLACEMENT THERAPY

Nicotine Gum & Lozenges
 Nicotine Patches

ORAL CARE

Children's Oral Care

Children's Mouthwash & Oral Rinses
Children's Toothpaste

Denture Care

Denture Adhesives
Denture Cleaners & Accessories
Denture Repair & Pain Relief

Interdental, Floss & Gum Care

Dental Gum
Floss & Flossers
Gum Care
Interdental

Mouthwash & Breath Care

Breath Fresheners
Mouthwash
Therapeutic Breath Treatments

Oral Remedies

Dry Mouth
Night & Grind Guards
Oral Pain Relief & Mouth Sores
Temporary Dental Repair

Toothbrushes

Battery Toothbrushes & Refills
Manual Toothbrushes
Rechargeable Toothbrushes & Refills

Toothpaste & Treatments

Regular Toothpaste & Tooth Powder
Sensitive Toothpaste & Treatments
Whitening Toothpaste

PAIN RELIEF

Children's Pain & Fever Relief

Children's Acetaminophen
Children's Ibuprofen

External Pain Relief

External Muscle/Joint Pain Relief Creams, Ointments & Gels
External Muscle/Joint Pain Relief Lotions, Liquids, Roll-Ons & Sprays
External Muscle/Joint Pain Relief Patches & Pads
TENS Units & Replacement Pads

Internal Pain Relief

Adult Acetaminophen
Adult Aspirin & Combinations
Adult Ibuprofen & Other Anti-Inflammatories
Adult Nighttime Pain Relief
Adult Specialty Pain Relief
Feminine Pain Relief

Sleep Aids & Stimulants

Stimulants

PATIENT SKIN CARE

Patient Skin Support

Antifungals
Moisturizers, Barriers & Protectants

PHYSICAL FITNESS & EXERCISE EQUIPMENT

Exercise Equipment

- Stationary Bikes
- Steppers & Ellipticals
- Treadmills

Physical Fitness

- Balls/Stability Devices (Balls, Boards, Etc.)
- Cardio (Aerobic Steps, Jump Ropes)
- Foam Rollers/Massage Devices
- Multi-Function Fitness Trackers
- Pedometers
- Scales (Incl. Body Fat Analyzers)
- Strength/Range of Motion (Bands, Hand Exercisers, Etc.)
- Weights
- Yoga Mats

SKIN CARE

Cosmetic Puffs & Pads

Facial & Body Acne Medications

- Acne Astringents & Toners
- Acne Creams, Gels, Lotions & Patches
- Acne Soaps & Cleansers

Facial Moisturizers & Treatments

- Eye Treatments
- Facial Moisturizers
- Therapeutic Facial Treatments

Hand & Body Cleansing

- Instant Hand Sanitizers

Hand & Body Moisturizers & Treatments

- Beauty Hand & Body Moisturizers
- Hand & Body Moisturizing Sets
- Therapeutic Hand & Body Moisturizers
- Therapeutic Hand & Body Treatments

SLEEP

Children's Sleeping & Calming Aids

Sleep Aids

- Sleep Aids & Sedatives
- White Noise Machines

Specialty Supplements

- Sleep, Stress & Anxiety

SUN CARE

After Sun & Sun Accessories

- After Sun

Sun Protection

- Body Sun Protection
- Face Sun Protection
- Sport Sun Protection
- Sun Care Lip Protection

VITAMINS & DIETARY SUPPLEMENTS

Children’s Vitamins & Dietary Supplements

- Children’s Herbals
- Children’s Vitamins & Minerals

Herbals & Botanicals

- Herbal Medicine
- Traditional Herbals

Letter Vitamins

Mineral Supplements

Multivitamins

- Eye Health Vitamins
- Multivitamins
- Prenatal & Postnatal Supplements

Specialty Supplements

- Brain, Memory & Focus Health
- Collagen
- CoQ10 Only (UBIQUINOL)
- General Health Prebiotics & Probiotics
- Heart & Vascular Health
- Joint Health (Incl. Glucosamine, Not Turmeric)
- Joint Health With Turmeric
- Menopause Support (Soy)
- Speciality Supplements

WEIGHT MANAGEMENT & NUTRITIONAL FOODS

Diuretics & Weight Loss Cleansing & Detox

- Diuretics
- Weight Loss Cleansing & Detox

Nutritional Foods

- Nutritional Bars
- Nutritional Liquids
- Nutritional Powders
- Thickeners & Pre-Thickened Beverages/Foods

Sport/Energy

- General Health Oral Rehydration Therapy
- Sport/Energy Bars
- Sport/Energy Liquids
- Sport/Energy Powders
- Sport/Energy Tabs & Caps

Sugar & Salt Substitutes

Weight Management

- Food Scales
- Weight Management Foods, Liquids & Powders
- Weight Management Tabs & Caps

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