

Elderplan is pleased to offer the following
exams, screenings and services in the safety and
comfort of **your home.***





SERVICE	SCHEDULING
---------	------------

EXAMS AND EVALUATIONS

 <p>Dental Exam</p>	Call Healthplex at 1-866-795-6493 and ask for a home visit, 8 a.m. to 6 p.m., Monday – Friday
 <p>Vision Exam</p>	Call Member Services at 1-800-353-3765 and ask for a home visit with SuperiorVision , 8 a.m. to 8 p.m., 7 days a week
 <p>Hearing Exam</p>	Call HearUSA at 1-800-442-8231 and ask for an evaluation at home, 8:30 a.m. to 8:30 p.m., Monday – Friday


DOCTOR VISITS

 <p>Virtual Doctor Visits via a phone call or video chat</p>	Set up your account on Teladoc.com or call Teladoc at 1-800-TELADOC (835-2362) , 24/7
 <p>Virtual Visits with a therapist or psychiatrist</p>	

SCREENINGS

 <p>Annual Wellness Visit</p>	Call the Elderplan Wellness Team at (718) 759-4413 and ask for an appointment at home, 9 a.m to 5 p.m., Monday – Friday <i>Members will earn a wellness incentive of \$25 gift card each for colorectal and retinal eye screenings</i>
 <p>Colorectal Cancer Screening</p>	
 <p>Retinal Eye Screening</p>	

EXERCISE

 <p>Live and pre-recorded exercise videos</p>	Visit Silver&Fit at www.silverandfit.com
---	--



We hope that you'll take advantage of these convenient in-home services.

If you have any questions, please call **Member Services at 1-800-353-3765 (TTY: 711)** from 8 a.m. to 8 p.m., 7 days a week

*These home services are covered for members of the Elderplan Flex (HMO) plan.

Elderplan is a plan with Medicare and Medicaid contracts. Enrollment in Elderplan depends on contract renewal. Elderplan/HomeFirst complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Elderplan/HomeFirst cumple con las leyes federales de derechos civiles aplicables y no discrimina por motivos de raza, color, nacionalidad, edad, discapacidad o sexo. ATTENTION: If you speak a non-English language or require assistance in ASL, language assistance services, free of charge, are available to you. Call 1-800-353-3765 (TTY: 711).

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-353-3765 (TTY: 711).

Elderplan/Homefirst 遵守適用的聯邦民權法律規定，不因種族、膚色、民族血統、年齡、殘障或性別而歧視任何人。注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-800-353-3765 (TTY: 711)。

H3347_EP17322_C